CLAIMS

What is claimed is:

- 1. A method for regulating the appearance of skin comprising topically applying to said skin a composition comprising:
- (a) a cosmetically or pharmaceutically acceptable carrier and about 0.05% to about 5% of an extract comprising a low molecular weight hydrolysable tannins, and mixtures thereof;
- (b) an effective amount of at least one additional skin care active ingredient selected from the group consisting of ant-acne actives, retinoids, ant-cellulite agents, antimicrobial actives, antifungal agents, vitamins, anti-inflamatory agents, tanning agents, allantoin, glucosamine, phytantriol, hydroxyacids, niacinamide, phytosterols, sunscreens and mixtures thereof.
- 2. The method of claim 1, wherein said extract comprises over 40% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
- 3. The method of claim 2, wherein said extract comprises about 60% to about 85% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
- 4. A method for inhibiting or decreasing the expression or function of a matrix metalloprotease in the skin comprising topically applying to said skin a composition comprising a cosmetically or pharmaceutically acceptable carrier and about 0.05% to about 5% of an extract comprising a low molecular weight hydrolysable tannin.

- 5. The method of claim 4, wherein said extract comprises over about 40% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
- 6. The method of claim 5, wherein said extract comprises about 60% to about 85% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
- 7. A method for inhibiting or decreasing a reactive oxygen species in the skin comprising topically applying to said skin a composition comprising a cosmetically or pharmaceutically acceptable carrier and about 0.05% to about 5% of an extract comprising a low molecular weight hydrolysable tannin.
- 8. The method of claim 7, wherein said extract comprises over about 40% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
- 9. The method of claim 8, wherein said extract comprises about 60% to about 85% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
- 10. A method for inhibiting or decreasing oxidative stress induced by free iron and copper in the skin comprising topically applying to said skin a composition comprising a cosmetically or pharmaceutically acceptable carrier and about 0.05% to about 5% of an extract comprising a low molecular weight hydrolysable tannin.
- 11. The method of claim 10, wherein said extract comprises over about 40% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.

- 12. The method of claim 11, wherein said extract comprises about 60% to about 85% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
 - 13. The method of claim 4, wherein said metalloprotease comprises stromelysin.
- 14. The method of claim 13, wherein said metalloprotease further comprises collagenase.
- 15. The method of claim 4, wherein said composition further comprises a UV-A or UV-B sunscreen.
- 16. The method of claim 4, wherein said composition further comprises another antiaging ingredient.
- 17. The method of claim 7, wherein said composition further comprises a UV-A and / or UV-B sunscreen.
- 18. The method of claim 7, wherein said composition further comprises another antiaging ingredient.
- 19. The method of claim 10, wherein said composition further comprises a UV-A and/or UV-B sunscreen.
- 20. The method of claim 10, wherein said composition further comprises another antiaging ingredient.